

Policy Memorandum **Policy Memo**

Raising the Minimum Age to Perform in Adult Films to 21
For Lawmakers

Purpose

To recommend a targeted update to federal and state age standards governing adult film participation, raising the minimum age from 18 to 21.

Rationale

Scientific consensus indicates that executive function and long-term risk assessment continue developing into early adulthood. Aligning age standards with this evidence strengthens informed consent and reduces exploitation risk.

Policy Recommendation

- Set minimum performer age at 21
- Apply to filming, contracts, and distribution rights
- Preserve lawful adult expression while improving safeguards

Conclusion

This proposal represents a measured, evidence-based update to existing law that prioritizes public safety, human dignity, and informed consent.